

OCTOBER | 2022

Durling Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 BBQ Chicken Sandwich Baked Beans Carrot Sticks Fresh Fruit Milk	4 Salisbury Steak Mashed Potatoes Seasoned Broccoli Fruit Cup Milk	5 Taco Salad Tortilla Chips with salsa Seasoned Corn Mandarin Oranges Milk	6 Mini Meatball Subs Seasoned Corn Tator Tots Banana Milk	7 Pizza Day Seasoned Green Beans Strawberry Cup Sidekick Milk
10 Macaroni & Cheese Seasoned Carrots Applesauce WW Dinner Roll Milk	11 Sweet & Sour Chicken Nuggets With brown rice Seasoned Peas Mixed Fruit Cup Milk	12 Chicken Alfredo Garlic Broccoli WW Dinner Roll Pears in Jello Milk	13 Pizza Day Seasoned Green Beans Peach Cup Sidekick Milk	14 No School
17 Hamburger on bun Baked Beans Apple Slices WW Cookie Milk	18 Chicken Stir Fry With Brown Rice Vegetable Blend Peach Cup Milk	19 Cheese & Pepperoni Breadsticks With marinara sauce Spinach Strawberry Salad Fresh Fruit Milk	20 Pizza Day Seasoned Corn Peaches in Gelatin Sidekick Milk	21 No School
24 Chicken Sandwich French Fries Carrot Sticks with ranch Fresh Fruit Milk	25 Chicken Tenders Seasoned Brown Rice Vegetable Blend Peach Cup Milk	26 Grilled Cheese Sandwich Waffle Fries Carrot sticks with ranch Fresh Fruit Milk	27 Chicken Quesadilla with salsa Mexican Corn Orange WW Cookie Milk	28 Pizza Day Tossed Salad with dressing Strawberry Cup Sidekick Milk
31 Corndogs Tator Tots Baked Beans Fresh Fruit Milk	1	2	3	4

News

Menus are subject to change. Menu items may be substituted daily. Menu Substitutions are available.

This institution is an equal opportunity provider

Also available:
 Chef Salad
 Nachos & Cheese

Choose from a variety of:
 Vegetables
 Juice
 Fruit
 Milk